

# WELCOME TO TOKYO

東京へよっこそ

ISSUE 01 - 2016

WELCOME TO OUR NEW MENU.

FIND ALL THE FRESHEST FLAVORS

OF TOKYO SERVED UP WITH

NEW TALES FROM THE LOCALS.

#THISISTOKYO

### WHAT TO EAT

HOT DISHES

COLD DISHES

SWEETS

### WHAT TO KNOW

OTAKU REVOLUTION 9
The geek fashion takeover

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Fashion fix

THUNDERBOX AT PLAY
Gaming gear is reborn

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The 500 Arhats

Helping us with our

TAKASHI MURAKAMI



# HOW TO YO!

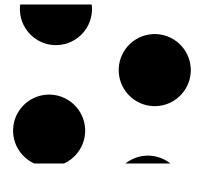
CHOOSE PLATES FROM THE BELT OR ORDER FROM THE MENU.

SEVEN COLORS, SEVEN PRICES.

WHEN YOU'RE DONE WE'LL COUNT THE PLATES TO WORK OUT YOUR CHECK.



\$4.50



**METROPOLIS** 



Please Inform your server if a person in your party has a food allergy.
Peanuts, nuts and other food allergens may be present at YO! Sushi.
We cannot guarantee that our products will be free of the eight major allergens identified by the FDA. These dishes contain raw or uncooked fish.
Consuming raw or uncooked fish can cause foodborne illnesses.



SOUP, NOODLES & BROTHS



Miso Soup (unlimited)

Light & healthy traditional soya bean broth with wakame, scallions and tofu.



Clam & Enoki Miso

Miso broth with clams, mushrooms and wakame with shichimi chilli powder.



Spicy Seafood Udon Noodle or Rice Spicy kimchi broth

with fresh shrimps, salmon, calamari and vegetables.



Shrimp Tempura Ramen

Shrimp tempura broth with ramen noodles, scallions, nori and sesame seeds



Sesame Garlic Ramen

Garlic broth with ramen noodles, scallions, nori, sesame seeds and chilli sesame oil.



JAPANESE FRIED RICE



Plain

Plain steamed Japanese rice, piled high and served straight up. **V** 



Yasai

Chicken

chicken

Salmon

The same as our

vegetable version

with fresh grilled

The same as our

vegetable version

with flaked salmon.

Crunchy fresh vegetables, edamame, shichimi chilli powder and sesame oil. V



Chicken Katsu

KATSU

CRISPY COATED IN PANKO

Crispy chicken drizzled with tonkatsu sauce

カツ

Tofu Katsu Curry

sauce, pickles and

steamed rice. V N

Crispy tofu with curry



Chicken Katsu Curry

Crispy chicken covered in mild curry, served with pickles and steamed white rice.



Ebi Fry

Crispy tail-on shrimp drizzled with tonkatsu sauce.



Ebi Fry Curry

Crispy shrimp katsu topped with mild curry, pickles and steamed white rice.



YAKISOBA 焼きそば STIR-FRIED NOODLES

Plain

Hot noodles to slurp, served straight up. 🛡



Yasai Katsu

Vegetable katsu in Japanese panko with tonkatsu sauce. V



Katsu Selection

Chicken, Yasai, and Ebi Fry drizzled with tonkatsu sauce.



Chicken

Shrimp

Hot noodles with fresh pieces of chicken.

Hot noodles piled high with grilled shrimp

and vegetables.



Maguro Katsu

A special blend of Yellowfin tuna, onion and mayo with wasabi sauce.



温まる料理

YATAI 屋台 TRADITIONAL STREET FOOD



**Chicken Wings** 

Nagoya's favorite crispy fried chicken wings served with lime.



Chicken Kara Age

Crunchy chicken marinated in sake and soy.



Spicy Pepper Calamari

Marinated calamari crispy fried and served with red chilli and scallions.



Takoyaki

Lightly battered dough balls with octopus, topped with mayo, bonito and lots more. Osaka's No.1!



Salmon Steamed Bun

Grilled kimchi salmon Hirata bun, light and pillowy with pickled onions.



Chicken Steamed Bun Crunchy Chicken Kara Age Hirata bun, stuffed

with red radish, greens and mayo.



Yasai Harumaki

Crunchy veg-loaded spring rolls with sweet chilli dipping sauce. V



AUTHENTIC HOME COOKING

Chazuke

with rice, sesame

paste, nori, yuzu

Nanbanzuke

koshu, fragant shiso leaf and umami broth.

Sweet & sour Yellowtail

and pickles nestled

on rice. Southern

餃子

Crunchy vegetable

with soy vinegar

dipping sauce. V

and soya filled gyoza

barbarian food!

**GYOZA** 

DUMPLINGS

Yasai

Chicken

Shrimp

sauce.

Chicken and

vegetable filled

gyoza with soy

vinegar dipping sauce.

filled gyoza with

soy vinegar dipping

Shrimp and vegetable



Yasai

CRISP & LIGHT BATTER

**TEMPURA** 

Lightly battered vegetable selection for dipping in a sesame vinegar. V

天ぷら



Popcorn Shrimp

A pile of crispy shrimp topped with a sweet shiro miso & chilli sauce.



Classic soft shell crab pieces served with our sweet chilli mayo dip.

Soft Shell Crab



Hamachi

Slices of Japanese Yellowtail and shiso leaf with a ponzu dip.





Chicken Teriyaki

Fresh chicken, sliced and diced hot off the grill with steamed rice.



Salmon Teriyaki Fresh pieces of

tender salmon served hot from the grill with steamed rice.



### Salmon



### Tuna

Thick cut slices of Big Eye tuna with daikon and lime.

Albacore Truffle

Ponzu Tataki

Lightly seared

a truffle ponzu

Albacore tuna with



### Kaiso Seaweed

Marinated mixed seaweed, edamame and carrots in a su-miso sauce. V

Poached calamari

with quick-pickled

Kimchi Ika

kimchi chilli

vegetables.

Edamame

Pods sprinkled

with salt flakes and

beans and eat! V

scallions. Suck out the



### Potato Salada

dressing. V

Harusame Salad

eggplant with a garlic

& ginger sesame soy

Fried slices of

The Izakaya classic. Potato, quick-pickled vegetables with karashi mustard mayo dressing. V



SUSHII寿司

RICE BLOCKS WITH A TOPPING

### Spicy Chicken Salad

Kimchi grilled chicken with crunchy salad and a sesame soy dressing.



### dressing. **Beef Tataki**

Pepper-seared rare beef and tangy cilantro pesto.



### Salmon & Yuzu Salsa

Thin sliced salmon served up with a yuzu salsa & ponzu dressing.



Salmon Selection Three pieces of sashimi, two sushi and two maki all



### **Tuna & Caviar**

on one plate.

Sake & soy marinated, pepper-seared tuna served with shiso leaf.



### Hamachi

Premium cut slices of Japanese Yellowtail with Ponzu and chili.



### Inari

Sweet fried beancurd parcels stuffed with rice. **V** 

Sushi Selection

Salmon sushi and

Hamachi sushi.

Tasting plate

of Tuna sushi,



### Ama Ebi

Sweet raw shrimp with traditional wasabi and nori.



### Tamago

Sweet and light egg omelette and nori.



### Assorted Sushi & Maki

Salmon, Tuna and Ebi sushi, Avocado and Kappa Maki.



Fresh slices of salmon with a touch of wasabi



### Beef

Seared beef with nori and 7-chilli shichimi powder for spice.



### Tuna

Big Eye tuna with wasabi on rice.



### Kaiso

Marinated seaweed with su-miso sauce, wrapped in nori. V



### Hamachi

Fresh premium Yellowtail with a touch of wasabi.



### Albacore Tuna Quick-seared

Albacore tuna, scallions and cress with truffle ponzu.



### Ebi

Poached and butterflied shrimp with a wasabi kick.



# 

### Crispy Salmon Skin

Crispy fried salmon skin nori roll with shichimi powder and scallions.

Crab salad, avocado

and Japanese mayo

nori roll with toasted

black and white

sesame seeds.

YO! Roll

masago.

Yasai

Our signature roll!

avocado, Japanese

mayo and orange

Veggie heaven:

avocado, cucumber,

teriyaki and mayo. V

carrot nori roll with

tamago inari,

Fresh salmon,

California



### Ebi

Shrimp katsu and avocado filled nori roll with dried purple shiso yukari.

Tempura soft shell crab

and pickled ginger roll

with yuzu tobiko and

sweet chilli sauce.



### Tempura Spicy Tuna

Crisp tempura Yellowfin tuna, spicy sriracha & rayu chili oil nori roll with shichimi powder coated in tempura batter.



### Avocado

Soft avocado and mayo nori roll. 🕡



Spicy Chicken Crispy chicken katsu nori roll with shichimi powder and tonkatsu sauce.



### Blossom

Dynamite

Spider

Shrimp katsu and avocado nori roll with purple shiso yukari and spicy tuna topping.

Salmon & avocado

nori roll with rayu

chilli oil, sriracha mayo and scallions.

Fresh salmon, cream

cheese and cucumber

roll with arënkha caviar,

It's a hot one!

Ginza



### Kappa

Crunchy cucumber and toasted sesame seed nori roll. V



### Salmon

Fresh salmon and wasabi nori roll.



### Tuna

Yellowfin tuna and wasabi nori roll.



### Spicy Tuna

Chopped Yellowfin tuna, spicy sriracha and rayu chilli oil nori roll with shichimi powder.



### Dragon Roll

California roll topped with fresh salmon, shichimi powder and scallions

TEMAKI

**MAKE YOUR OWN** 

HAND ROLL

Choose one filling from each

section to make your favorite

nori wrapped rice cone.



### Fish No Chip Roll

Yellowtail tempura, onion, cucumber and wasabi sauce nori roll with chives.



Smoked salmon, cream cheese and cucumber nori roll.



### Philadelphia











# **SWEETS**

和菓子



### Fresh Fruit

The perfect palate cleanser - our fresh and healthy fruit plate.



### Ice Cream Mochi

Soft frozen duo of green tea and strawberry flavor rice balls.



### Matcha Dorayaki

Green tea flavored pancake with a red bean filling. **V** 



### Mochi Selection

Bite into traditional chewy Japanese rice balls to reveal soft red bean centers. **V** 



### Sesame Dorayaki

Black sesame flavored pancake with a red bean filling **V** 



### Chocolate Mochi

Bite into the glutinous soft rice outer to reveal a rich chocolate and coconut ganache center. **V** 



### Matcha Cheesecake

A soft and moist green tea baked soufflé cheesecake with a crisp base.



### Chocolate Roll

Japanese chocolate roll with fresh cream. V



### Strawberry Roll

Japanese strawberry roll with fresh cream. **V** 



# THERE IS NO DOUBT THAT FOR AN ENTIRE GENERATION, THE CALLING CARD OF JAPANESE CULTURE IS THE WORLD OF ANIME AND MANGA.

It has become an aesthetic that is now celebrated all over the world. However, its otaku stigma - Japanese for 'obsessive geek'- has prevented the fashion industry from adopting this unique Japanese aesthetic in their designs...until now.

The otaku revolution began in the early 2010s, with Akihabara fans in Tokyo embracing their own style and rocking up in ita-sha cars which feature typical otaku imagery. Eventually this

spread to the fashion industry, with the emergence of Gokai - Akihabara's first avantgarde fashion boutique - which celebrates fashion infused with aesthetics of the surrounding otaku-esque streets.

This movement has inspired the likes of Chloma, design duo Junya Suzuki and Reiko Sakuma, to make their own otaku-inspired collection. They embrace the silhouettes, textures and colors of the 2D world and have turned it into a 3D reality that is ready to wear! Chloma's next project is to take virtual reality boutiques to the next level using Oculus Rift. Soon you will be able to experience their work in the very digital reality that gave birth to it.

### **FASHION FIX**

There's no way around it. Kawaii 'cuteness' is the dominant cultural force in Tokyo fashion at the moment, and it shows little sign of abating. In the past the party-bound gyaru or cemetery-bound Goth might have held our interest a bit more with parallel conversations on a sub-cultural level, but now kawaii sets the style pace - and everyone else falls in line.

It might be cute, but look past the pretty and kawaii reveals unexpected depth. Ever since 6% DokiDoki creative director Sebastian Masuda proclaimed, "kawaii is the new punk", it has become an avenue for subversion in Japanese fashion. And it doesn't just rely on the garments themselves, but on their context. Kawaii fashion is both a societally acceptable avenue for the young - and a state celebrated by the male gaze - but take it out of those contexts and it can be a powerful tool for rebellion. After all, there is nothing inherently transgressive about a Lolita fashion party dress. But rather it's the fact that an adult woman is wearing it. This is an act of rebellion against Japanese societal expectations which stipulate 'good wife, wise mother'. Set against the spikes and scum of punk that - until gentrified by the fashion establishment were a rebellion themselves, kawaii is an ironically more cerebral, more mature 'middle finger' to society at large.

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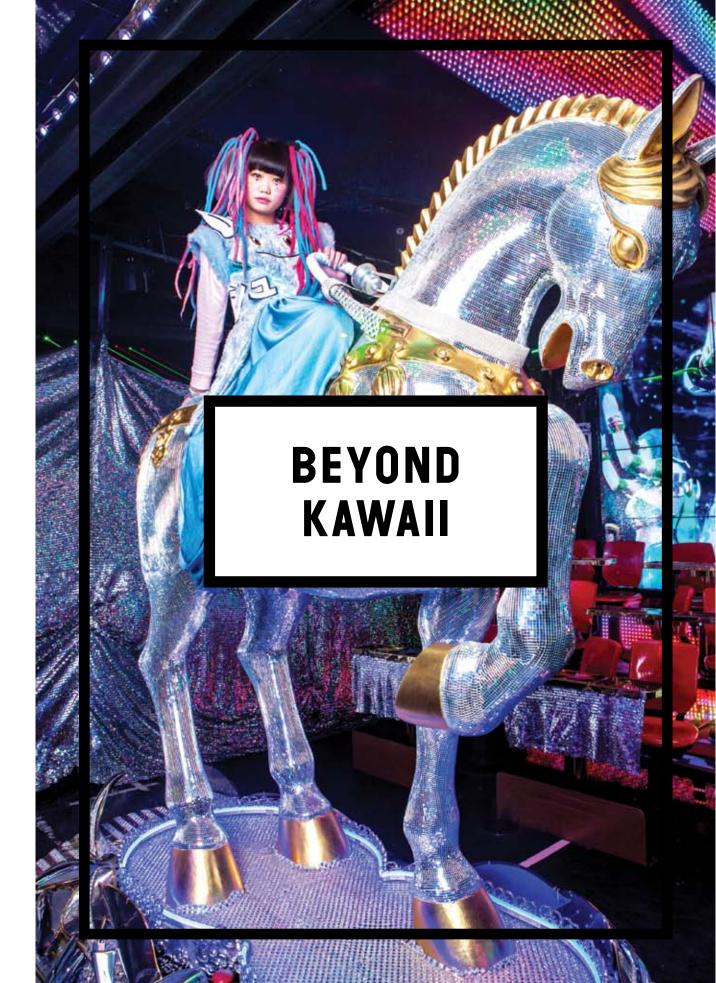
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And now this kawaii revolution has spread to men's fashion, with designers such as Mikio Sakabe long realising the counter-culture implications of a kawaii man. With menswear tastes veering away from the conventionally masculine, this is the fashion frontier to watch. Ultimately, extremes of kawaii culture only serve to highlight that kawaii is not about being feminine, but un-gendered. After all, anything can be kawaii: a certain silent cat, even a pen, and certainly a man.

BY SAMUEL THOMAS

metropolisjapan.com



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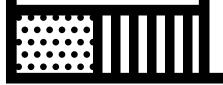
# THUNDERBOX FROM DESIGNER TSUYOSHI MORITA IS A SURPRISINGLY WELL-KEPT SECRET ON THE TOKYO FASHION SCENE.

Word of the brand originally spread across the city with each wear. Fellow streetwear aficionados would clock the geek-chic references and gravitate to the Thunderbox mothership - a stone's throw from the sub-culture mecca of Nakano Broadway.

It's this all-important sense of style that separates Thunderbox from the usual fandom fare and takes it into fashion proper. Its references are kept relatively guarded - but pleasingly obscure - so that only those in the know, will know.

Frequently retro games take center stage in Morita's designs. A fact which delights serious gaming fans who love their fashion, with pieces inspired by the colors and lines of Nintendo's Japanese Famicom and the Western NES - with even the ubiquitous NES Zapper turning up. If that last sentence lost you somewhere around Nintendo, this might not be the brand for you. But these are collections that are all about their references. What about the red armbands inspired by the legendary avant-garde electronic act Yellow Magic Orchestra? Or any number of nods to Star Wars? This eclectic mix is not only well observed, but also well executed. D-pads turn up as buttons, 8 bit characters are embroidered, ready to satisfy the craving to wear your subcultural affiliations in a way that other half-hearted collaborations and merchandise could never deliver on.

You can find the brand online, but visit the West Tokyo Nakano store and you'll see the brand in its full cultural context, including the ultra rare, original gacha machine from Cosmos and fully functional arcade games. While an essential part of any sub-culture is hoping not too many people catch on, this one inevitably will.





# THE INTERNATIONALLY ACCLAIMED ARTIST PROVES HIMSELF TO HIS HOMELAND

Takashi Murakami is one of those Japanese artists who seem to be a lot more popular with people outside of Japan than within. Perhaps this is a reflection of the fact that - like automobiles and electronics - the Japanese contemporary art market is skewed heavily towards export. Overseas, Murakami's otaku-flavored pop art plays out remarkably well, yet in Japan he is often dismissed as tacky and jejune.

His latest big exhibition at the Mori Museum of Art, *Takashi Murakami: The 500 Arhats*, seems to be an attempt to address this imbalance. This new art is now moving strongly towards referencing traditional Japanese art.

The 500 Arhats refers to 500 'perfected persons' who've attained nirvana ... in other words, Buddhist saints. Painting 500 of them has long been considered something of a spiritual exercise for Buddhists. Many images are initially impressive – large, garishly coloured, with an excellent finish. Yet, when all's said and done, these are mangaesque images full of knowing irony. Each postmodern addition grafted onto a tradition defined by genuine belief and piety.

The real genius in Murakami's case is not so much his artistic ability – which many 'lesser artists' could match or surpass (and which is supplemented anyway by his numerous assistants). But his managerial ability, social power, and geek-like understanding of how the modern internet-driven media works.

This embrace of modern, internet-facilitated egoism runs directly counter to the self-effacing message of Buddhism the exhibition is ostensibly about. From one point of view, this represents continuity with the ironic art of Murakami's past, but from another, it contradicts Murakami's goal of becoming more accepted by the Japanese mainstream.

**BY C.B. LIDDELL** metropolisjapan.com



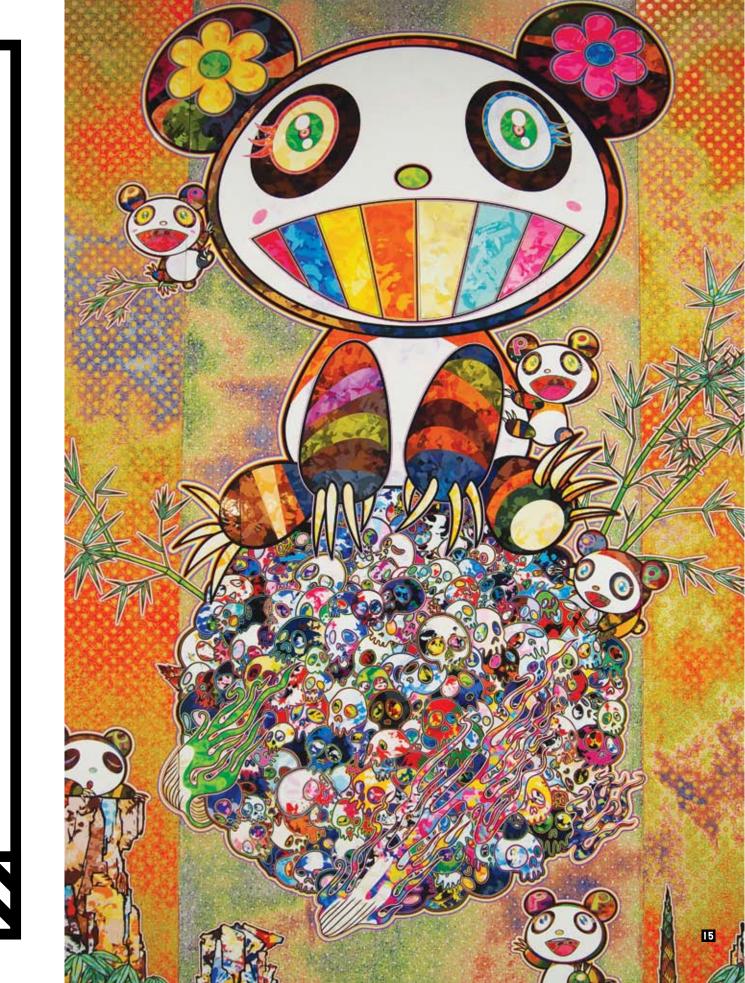
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# MOSHI MOSHI



#THISISTOKYO

### SUSHI LOVERS

### FOR THE FRESHEST NEWS AND FLAVORS FROM TOKYO

Sign up to our Love Club and get exclusive membersonly offers, VIP invites to our events and be the first to know about what's new to hit our belt. Well...what are you waiting for?

Sign up today: yosushiusa.com/signup

### YO! BOSTON AND NYC

Look out for our new restaurants

coming soon



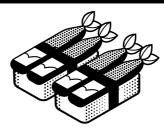
### **HOOKED ON HARAJUKU**

We're inspired by authentic Japanese food, taking our flavors straight from the streets of Tokyo and styling them up our way. From traditional Izakaya bars with beers and bites to the freshest cuts of sushi, sake and modern street food. It's fast and fresh with a YO! twist.

Steaming bowls of ramen, straight up sashimi, pillowy buns - whatever your favorite, you can expect to eat it fresh. We'll add the finest ingredients to our dishes, sourcing yuzu oils, caviar and truffle for exciting flavor combinations.

When our Exec Chef isn't cooking, he'll be in Tokyo seeking out the latest flavors, sampling feasts of meat, noodles and spice all in the name of YO! - bringing them into the kitchen and on to the next plate.

# 4京・原宿マニア



### LIVE FAST EAT FRESH

### YO LO

The world's oldest man, Yasutaro Koide from Japan, lived until he was 112 years old. He said the key to a long life was to 'live with joy'.

### HAPPY FISH

We need to talk about fish.
We eat no evil here. It's our
mission to know exactly where
our fish comes from before
we bring it to your plate.

Take our Norwegian salmon.
Delivered to us 6 days a week,
we're only happy with less than
2% fish in over 98% seawater.
Why? Because healthy salmon
equals tasty salmon.

And when it comes to our tuna, it's all about the mellow yellow and Big Eye. We'll only ever use Yellowfin and Big Eye (never Bluefin) so you can eat happy. Arigato!

### 5 5 5 5

# ONLY THE FRESHEST SURVIVE

All our food is prepared fresh on site every single day.